Affirmative Action During the Time of Enrolment in Higher Education in India: An Investigation

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Abstract

The effect of the affirmative action policy on higher educational enrolment in India is addressed here. This article tries to identify the factors that play important roles in enhancing the enrolment of young people from ethnically disadvantaged groups, specifically Scheduled Castes (SC), Scheduled Tribes (ST) and Other Backward Classes (OBC) in higher education. Using the probit regression technique, it finds that females from ST communities have a lower chance of enrolling in higher education. Conversely, the probability of young females participating in higher education is higher in the OBC community. At the household level, household income, smaller family size and household location increase the probability of enrolment in higher education among young individuals from the three castes considered. Furthermore, a larger number of higher educational institutions and increased government spending on higher education also contribute to higher enrolment rates for young individuals from these socioeconomically disadvantaged households.

Keywords

Higher education, SC, ST, OBC, NSSO, probit model

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Introduction

Reservation is a system of affirmative action in India. It was created to provide representation in education among historically disadvantaged groups and create an opportunity to be employed as skilled workers in the labour market. In India, public-funded higher education institutions must abide by the reservation policy, which is not obligatory for private unaided institutions. According to the 2011 Census, out of the total Indian population, 18% Scheduled Caste (SC), 8% Scheduled Tribes (ST) and 43% Other Backward Classes (OBC) population were observed. Due to the reservation policy, the representation of students from disadvantaged communities in higher education (2020–2021), the Gross Enrolment Ratio of the students belonging to the SC and ST communities has increased by 28% and 47%, respectively compared to 2014–2015. The overall increase in OBC enrolment is 31.67%. Among the females from SC, ST and OBC categories, 23.9%, 19.1% and 28.6% were enrolled in higher education, respectively.

This article will try to investigate the major beneficiaries of the reservation during their enrolment in higher education in India, that is, whether gender discrimination belonging to economically backward class households is observed in enrolment in higher education or whether students belonging to the creamy layers of SCs, STs and OBC communities are more likely to enrol in higher education or not.

Survey of Literature

The marginalisation of SC and ST communities has led to prolonged deprivation of social, economic and educational opportunities. Reservation policy is an important mechanism for promoting equal opportunities and reducing socioeconomic disparities (Mohanty, 2006). Beyond direct beneficiaries, these policies also positively influence other members of the caste groups through peer effects, role models and increased aspirations (Beaman et al., 2012). Several recent studies have examined the impact of reservation policies on education and employment (Basant & Sen, 2020; Bhattacharjee, 2018; Deshpande & Ramachandran, 2020; Khanna, 2020; Lee, 2018). Bhoi and Lakra (2022) highlight that the aspiration to pursue higher education is a key driver of empowerment among marginalised communities. Weisskopf (2004) argues that reservations in higher education improve SC and ST students' university rankings and encourage enrolment among those who might otherwise forego higher education. Although reservations often benefit a 'creamy layer' of SC and ST students, this does not imply that they fail to meet their intended goals. Bagde et al. (2016) similarly conclude that affirmative action policies effectively increase enrolment among the socially most disadvantaged students. However, using data from the 61st round of the National Family Health Survey (NFHS), Basant and Sen (2010) have found that higher education participation rates among marginalised groups remain lower than the national average. A study by Basant and Sen (2019) focussing on OBC students identified no significant expansion in enrolment in Southern and North-Central states where quotas already existed, while growth was observed in Eastern states. On the other hand, Bhattacharjee (2018) reports that reservations have increased OBC participation in higher education. Chatteriee and Ranganathan (2021) provide evidence that reservations have a positive impact on securing government and private-sector employment. Notably, reservations have facilitated entry into high-status jobs, suggesting that higher education quotas positively influence employment outcomes. Similarly, Ranahasan and Mehta (2006) found that SCs, STs, OBCs and Muslims are significantly underrepresented in Indian colleges relative to their population share. This underrepresentation is primarily attributed to low higher secondary school completion rates and economic constraints, as reflected in mean per capita consumption expenditure (MPCE). Sundaram (2006), analysing the 55th round NFHS data, found that after completing higher secondary education, economic conditions no longer significantly impact marginalised students' decisions to pursue higher education. Similarly, a study by Ghosh and Kundu (2025) using the 75th-round National Sample Survey Organization (NSSO) data reports that young students from SC, ST and OBC communities have a lower probability of joining higher education compared to the three castes ST communities have less chance to join in higher education than the other two considered communities. Also, Bagde et al. (2016) report that disparities in pre-college preparation, college enrolment and academic performance persist between disadvantaged castes and their more privileged counterparts, with participation gaps being particularly pronounced among women. Swain (2022) reports that NSS 61st round data indicate women from SC, ST and OBC backgrounds have the least access to higher education. Similarly, Ghosh and Kundu (2025) state that young women from the SC, ST and OBC communities have a lower chance of joining higher education.

Despite these findings, limited research has examined whether an enrolment gap exists between male and female students from reserved categories in higher education. Besides that, no study has yet identified which specific household segments within marginalised groups can enhance the possibility of enrolment in higher education.

Research Questions

In modern society, knowledge serves as a powerful tool for empowerment and enabling individuals to achieve greater influence and autonomy. Knowledge also acts as an important instrument to upgrade the social status of minority communities. A robust higher education system with strong minor communities plays a crucial role in enhancing a nation's economic strength. India exemplifies this potential, being recognised for supplying a highly skilled workforce to the global market. In light of these considerations, this study aims to achieve the following objectives:

1. To observe the gender-wise preferences among the disadvantaged socioeconomic households during the time of enrolment in higher

education. Here, households belonging to SC, ST and OBC categories are considered separately. This also helps identify affirmative action's effectiveness among Indian households belonging to backward classes.

2. To examine the household-related factors that can play a role in influencing parental decisions regarding enrolling their young children in higher education institutions. Here, besides household-related factors, state-specific factors are also considered to observe the policies of the state effect during the time of decision. This will also identify whether affirmative action like reservation percolates to the economically poor households in SC, ST and OBC categories.

Sources of Data and Methodology

The main data source for this unit-level study is the NSSO 75th round Household Social Consumption on Education dataset.¹ As this study is a combination of household and state-specific factors; hence, the state-specific data are collected from various sources such as the NFHS-4, the Ministry of Education's Analysis of Budgeted Expenditure on Education (2016–2017 to 2018–2019), the All India Survey on Higher Education Report (2017–2018), state-wise loan disbursement data from State Bank of India (SBI) for degree and diploma courses domestically and abroad, the Periodic Labour Force Survey (PLFS) Annual Report 2017–2018 and police density data from the Bureau of Police Research and Development, Government of India.

Initially, the sample households are categorised based on 28 states, excluding Manipur, Meghalaya and Union Territories. Due to potential variations in state policies, state-specific variables are kept consistent for all sample households within a particular state. The NSSO 75th Round unit-level dataset includes 14,285 first stage units (FSUs) (8,097 villages in rural areas and 6,188 Urban Frame Survey Blocks in urban areas), encompassing 1,19,110 households (64,519 rural and 49,238 urban) and enumerating 5,13,366 individuals (3,05,904 rural and 2,07,462 urban). The survey data includes 2,67,887 males (1,59,411 rural and 1,08,476 urban) and 2,45,479 females (1,46,493 rural and 98,986 urban).

The study focuses on young individuals aged between 18 and 28 years. So, after the dataset is arranged according to 28 states, it is considered the young age group is between 18 and 28 years old. Then again, these sample households are categorised into two groups: those currently attending higher education and those who are not. The extracted sample consists of 1,08,260 young individuals. Finally, to observe the caste-wise scenario, the data is segregated between the three castes: SC, ST and OBC. Hence, the three caste-wise segregated data consist of 19,415 no. of observation for the SC, 10,091 no. of observation for the ST and 44,678 no. of observation for the OBC.

The initial objective of this article is to identify potential factors which can influence a parent's decision for their young children at the time of enrolment in higher education institutions. To do that probit regression technique will be applied here where the outcome variable is binary. It takes the value '1' if the young individuals are enrolled in a higher education level (post 10+2), and '0' if they are not enrolled in a higher education level.

The probable influencing factors are outlined below, focusing on householdrelated variables derived from the NSSO 75th round datasets. These variables include gender, residential status, household size, consumption expenditure, computer ownership and institutional distance.

- 1. Gender: This variable is essential for investigating potential gender biases among parents when deciding to enrol their children in higher education, even getting the benefit of affirmative action. Studies by Kingdon (2002), Kuglen and Kumar (2017) and Rammohan and Vu (2018) indicate that the gender gap in educational attainment arises from differences in human capital investment within households, influenced by the child's gender. In patriarchal societies, parents often prioritise financial resources for their daughters' marriages rather than their higher education. As a result, daughters are frequently steered toward low-cost government colleges, while sons are sent to higher-cost technical or professional colleges (Thasniya, 2014). There is a need to examine the current situation in India. Here, 'Gender' is treated as a dummy variable, with a value of '1' assigned if the young individual is female and '0' if male.
- Caste: Caste holds significant social importance in the Indian context, as 2 casteism plays a crucial role in shaping the societal structure. Historically, upper-caste individuals have exerted dominance over those belonging to backward castes. Despite various social policies since independence, the status of SC and ST remained at the bottom of the social hierarchy and has been socially discriminated against, exploited and excluded from the mainstream of society since time immemorial in Indian society. To correct the issues of exclusion, discrimination and imbalance in terms of access to capital assets, employment, education, political participation and other spheres, reservations in institutions among the SC and ST and OBC households have been introduced in Indian institutions. However, the situation of SCs and STs has not improved much, including in the 'Higher educational level' category. It is now required to investigate this effectiveness. If a young individual belongs to any of the mentioned castes, the assigned value is '1'; otherwise, it is '0'. Here, General caste is used as the reference category.
- 3. Re_S: This variable represents the residential location of young students, differentiating between rural and urban areas. In India, urban areas typically undergo more significant development than rural areas, as noted by Sinha (2008) and Agarwal (2009). Urban areas have a higher concentration of higher education institutions, including general degree colleges, universities and technical institutions. According to the All India Survey on Higher Education (AISHE) 2019–2020 report, 56.1% of standalone institutions are located in urban regions. Tilak and Chowdhury (2019) also pointed out that women's enrolment in higher education is four times higher in urban areas compared to rural areas. These disparities

suggest that living in a rural area may present challenges for young individuals seeking to enrol in higher education institutions in urban areas, especially for disadvantaged minorities. This variable is modelled as a dummy variable, with a value of 1 indicating residence in an urban area and 0 indicating residence in a rural area.

- 4. HH_S: Household size refers to the total number of individuals living in a particular household. Larger household sizes are expected to reduce the chance of pursuing higher education due to the financial burden. This issue is particularly pronounced for female students from low socioeconomic status (SES) backgrounds, who often face greater challenges and competition with their male siblings for access to tertiary education, as noted in studies by Kaaya and Waiganjao (2015) and Niu (2017).
- 5. Con_Ex: In this context, the household's monthly consumption expenditure (in Rs.) serves as a proxy for monthly income. The decision to enrol a young individual in higher education is strongly influenced by the household's income level. Existing literature highlights a gender bias in educational spending, particularly among economically disadvantaged families, as noted by Tilak and Mazumder (2016). This bias suggests that pursuing higher education is especially challenging for young women from lower socioeconomic backgrounds. They often face competition from their male siblings for enrolment in tertiary education, as reported by Kaaya and Waianae (2015) and Niu (2017).
- 6. Com_O: This variable is a binary indicator that takes the value of 1 if the household owns a computer and 0 otherwise. Computers have become integral to nearly every aspect of life today. In the global context, the Internet has emerged as a crucial and invaluable source of information for both learners and educators, as noted by Makoye (2003). Consequently, computers and the Internet are powerful tools that enable youths to acquire new skills and abilities in higher education. By using computer-based learning systems, young students can enhance their skills from the comfort of their homes at their own pace. An experimental study by Fairlie (2012) found that having a computer at home has a small positive effect on educational outcomes for college students. Therefore, this study expects that computer ownership will encourage parents to enrol their young children in higher education, potentially influencing their daughters' enrolment as well.
- 7. Ins_D: The variable 'Distance' is assigned a value of '0' if the distance to the nearest higher education institution is less than 5 km and '1' if the distance is 5 km or more. The proximity of higher education institutions plays a crucial role in determining whether families, particularly in rural India, choose to send their children for further studies. In these areas, limited transportation options and concerns about the safety of young girls often hinder their ability to enrol in higher education, especially as educational costs rise. Studies, such as the one by Song et al. (2006), have identified several challenges women face in pursuing higher education,

including poor transportation systems, travel costs, additional expenses, opportunity costs, physical barriers and cultural restrictions on the mobility of adolescent girls. Therefore, a shorter distance between households and educational institutions is expected to increase enrolment by addressing some of the barriers related to transportation and safety concerns.

Some state-specific factors can impact the household's decision to enrol a young individual in higher education. These are used as a proxy to investigate the influence of the neighbourhood effect, which can influence the time of making any household-related decision. Besides that, as each state adheres to distinct policies, the influence on household-level decisions may vary across states. Hence, the following state-specific policy variables are here considered and elaborated below.

- 8. No._Ins: This data reflects the number of higher education institutions within a state for the academic year 2017–2018, making it a state-specific variable. In India, there are 903 universities, 39,050 colleges and 10,011 standalone institutions (AISHE 2017–2018). It is expected that a higher number of these institutions within a state will correspond with increased enrolment of young individuals in higher education. These institutions include colleges, universities, standalone institutions, as well as engineering and medical colleges. This variable is used both as a policy measure and to explore the potential neighbourhood effect.
- 9. HE_Ex_S: State financial support for higher education can significantly impact youth enrolment in such programmes. Given the high costs associated with higher education, economically disadvantaged individuals, particularly young people, often struggle to afford these expenses. Research by Kaaya and Waiganjao (2015) and Nwojiewho and Deebom (2017) indicates that government initiatives, such as scholarship programmes, can improve the enrolment of female students in higher education. Thus, it is expected that increased state financial contributions will lead to higher rates of enrolment in higher education.
- 10. HE_Loan: Higher education, especially technical fields, is known to be exceptionally expensive, often exceeding the costs associated with standard undergraduate and postgraduate programmes (Kosha et al., 2014). This financial burden poses a significant challenge for young people from economically disadvantaged backgrounds. The promise of improved employability is a key motivator for pursuing higher education, making educational loans a crucial factor. In recognition of the importance of supporting educational endeavours, the Reserve Bank of India (RBI) encourages banks to offer educational loans, classifying them as priority sector lending. This study examines the amount of loans sanctioned within a particular state. Data for this variable is sourced from the SBI on statewise loan disbursements for degree and diploma courses, both domestic and international, for the fiscal year 2017–2018, as reported by the Ministry of Finance. This variable is treated as a policy variable in the analysis.

- 11. Wom_E: This variable measures the proportion of women who have completed 12 or more years of education, based on data from the NFHS-4 conducted during 2015–2016. This metric acts as an indicator of the overall level of female education in a given state. It is hypothesised that a higher level of maternal education correlates with a greater likelihood of younger household members, particularly young girls, pursuing higher education. Therefore, states with a higher percentage of women having completed 12 or more years of schooling are expected to exhibit increased enrolment rates in higher education among young individuals.
- 12. Wor_P_R: This variable represents the percentage of the population that is employed and holds at least a higher secondary degree. Data for this variable is sourced from the PLFS 2017–2018 dataset published by the Ministry of Statistics and Programme Implementation, Government of India. The variable is analysed separately for each gender, resulting in two ratios: the male worker population ratio and the female worker population ratio. In India, a significant portion of the workforce is engaged in informal employment, with a higher prevalence among males than females. Therefore, it is anticipated that young males who enter the informal labour market after completing their higher secondary education may be less likely to pursue further education. On the other hand, the lower rate of female workforce participation compared to males is expected to drive higher enrolment rates among females in higher education.

The probit regression technique is here considered to address our research questions. The dependent variable in this study is 'Enrol_HE', a binary variable that takes the value '1' if the individual is currently enrolled in higher education and '0' otherwise. Given the binary nature of the dependent variable, it is not suitable to use the ordinary least squares (OLS) regression technique. When OLS regression is applied to a binary response variable, the resulting model is referred to as a linear probability model (LPM), which serves as a method for estimating conditional probabilities. However, the LPM inherently violates key OLS assumptions, such as homoskedasticity and normality of residuals, leading to biased standard errors and invalid hypothesis tests.

In contrast, logistic regression models, commonly known as logit models, provide a more appropriate framework for modelling binary outcomes. Logit models estimate the probability of an event occurring by modelling the log odds of success as a function of independent variables. This approach ensures that predicted probabilities remain within the [0,1] range and addresses the limitations of the LPM.

Mathematically, it can be written as below:

$$L = \ln \left[\frac{P}{1-P} \right] = Z = b_0 + b_1 + b_2 + \dots + b_n$$
(1)

Where,

L is the log of the odds ratio,

P is the probability of an event occurring,

Z is the linear combination of independent variables with coefficients. From this, we can also derive the probability of occurrence of the events.

$$P = \frac{1}{\left(1 + e^{-z}\right)} \tag{2}$$

Equation (2) is also known as the logistic distribution function. As $Z \rightarrow -\infty$, the value of *P* approaches 0, while, as the value of $Z \rightarrow +\infty$, the value of *P* approaches 1.

Although similar to logit models, probit models rely on the probit function rather than the logistic function. The probit model estimates the probability that an observation with specific characteristics falls into a particular category, making it a useful tool for modelling categorical outcomes.

The probit model can be represented using the following formula:

$$P(Y=1 \mid X) = \Phi(Z) = Z = \Phi(b_0 + b_1 + b_2 + \dots + b_n)$$
(3)

Where,

Y is the dependent variable and represents the probability that the event will occur (hence, Y = 1) given the variable *X*.

 Φ is the cumulative standard normal distribution function.

Z is the linear combination of independent variables (*X*) with coefficients $(b_0, b_1, b_2...b_n)$.

In the logit model, the logistic function is used in place of Φ , the cumulative standard normal distribution function. The logit model estimates the odds of success for a given event as a function of independent variables, whereas the probit model determines the probability that observation with specific characteristics falls into a particular category. By estimating these probabilities, the probit model is particularly useful for modelling categorical outcomes across a range of classifications. Therefore, in this study, it is best to use the probit regression technique.

In this study, the objective is to observe the caste-wise enrolment scenario in higher education in India. Therefore, three models are considered separately to capture the SC, ST and OBC enrolment scenarios in India. The probit regression technique is the most suitable method for identifying the factors influencing a household's decision to enrol their young children in higher education.

Model I

$$Y_{ij}^{k=SC,ST,OBC} = \beta_0 + \beta_1 \text{Gender}_{ij} + \beta_2 \text{Re}_{S_{ij}} + \beta_3 \text{Con}_{E_{x_{ij}}} + \beta_4 \text{HH}_{S_{ij}} + \beta_5 \text{Com}_{O_{ij}} + \beta_6 \text{Ins}_{D_{ij}} + \beta_7 \text{ No}_{Ins}_j + \beta_8 \text{ HE}_{E_{x_j}} + \beta_9 \text{ HE}_{Loan}_j + \beta_{10} \text{ Wo}_{E_j} + \beta_{11} \text{ Wor}_{P_R_j} + \varepsilon_{ij}$$
(4)

Here $Y_{ij}^{SC} = 1$ if the young from the *i*th SC household of the *j*th state is enrolled in a higher education institute (between the age group 18–28)

= 0 if the *i*th SC household of the *j*th state is not enrolled in a higher education institute in that reference age group.

The values of each of the state-specific variables are the same for the sample households for the *j*th state.

Similarly, $Y_{ij}^{ST} = 1$ if the young from the *i*th ST household of the *j*th state is enrolled in a higher education institute (between the age group 18–28)

= 0 if the *i*th ST household of the *j*th state is not enrolled in a higher education institute in that reference age group.

And $Y_{ij}^{OBC} = 1$ if the young from the *i*th OBC household of the *j*th state is enrolled in a higher education institute (between the age group 18–28)

= 0 if the *i*th OBC household of the *j*th state is not enrolled in a higher education institute in that reference age group.

In all the above three situations, the explanatory variables are the same.

Results and Discussions

The regression analysis as shown in Table 1, reveals a noticeable gender disparity in higher education enrolment among ST communities in India. Despite the implementation of reservation policies intended to improve access, women from these communities remain less inclined to pursue higher education. Conversely, there is a growing trend of women from OBC enrolling in higher education institutions. The study highlights that various household characteristics significantly influence the probability of young students from SC, ST and OBC pursuing higher education. Residential status, whether the household is located in an urban area or rural area, is an important determinant here. Notably, households located in urban areas tend to have a higher propensity to send their youth to higher education institutions. This is likely due to better access to educational facilities and resources in urban settings. Additionally, the economic status of a household plays a crucial role; families with higher income levels are more likely to afford the costs associated with higher education, thereby increasing the probability of their children enrolling in such programmes. Household size emerges as a significant determinant of higher education enrolment, with larger households exhibiting a lower chance of their youth pursuing higher education. This trend may be attributed to the increased financial burden and resource constraints faced by larger families, which can limit educational opportunities for young members. Furthermore, regression analysis indicates that the presence of a computer in reserved category households significantly enhances the probability of youth enrolment in higher education. In the digital era, computers and Internet access serve as essential tools for skill development, enabling students to engage in self-paced learning from home through computer-based educational resources. Conversely, the distance between a household and higher education institutions poses a substantial barrier to enrolment among students from reserved categories. Greater distances are associated with higher commuting and accommodation costs, exacerbating the financial burden on economically disadvantaged households and further limiting access to higher education.

	SCs		STs		OBCs	Cs S
	Value of the Coefficient	Marginal Coefficient	Value of the Coefficient	Marginal Coefficient	Value of the Coefficient	Marginal Coefficient
Gender (ref category male)	0.338	0.007	-0.933***	-0.017***	0.368***	0.009***
Residential status (ref category rural)	0.103****	0.234***	0.376***	0.070****	0.185***	0.049***
Consumption expenditure (used as a proxy of income of the ith household)	0.450***	0.102***	0.393***	0.073***	0.358***	0.094***
Household size	-0.640***	-0.014**	-0.737***	-0.013***	-0.042***	-0.011***
Computer ownership (ref category Not owned)	0.486***	0.110 ^{%%*}	0.579***	0.108***	0.460***	0.121***
Institutional distance (Ref category <5 km)	-0.138***	-0.03 l ***	-0.129**	-0.024**	-0.368***	-0.097***
No institutions	0.00006****	0.0000l ***	0.000032**	0.000006**	0.00005***	0.00001***
State education expenditure (%)	0.0005	0.0001	0.015***	0.002***	0.002	0.0006
Loan amount (Rs. in crore)	-0.0006**	0.000 l **	-0.002***	-0.0004***	-0.001***	-0.0004***
Women's education (%)	-0.003	-0.000	0.006	0.001	-0.002	-0.0006*
Working male population	-0.010****	-0.002***	-0.008****	-0.001***	-0.009***	-0.002***
Number of observations	19415		16001	-	44678	78
Wald χ^2	1166.89	6	1015.86	86	2845.28	.28
Pseudo R ²	0 0 0 1 2 0 0			a	0 0448	48

Note: ****, *** and * indicates level of significance at 1%, 5% and 10%.

At the state level, the availability of higher education institutions positively correlates with enrolment rates among SC, ST and OBC communities. States with a greater number of educational institutions tend to have higher enrolment rates, suggesting that increased accessibility and options for higher education can encourage participation from these communities. The study also points out a counterintuitive finding regarding educational loans: higher loan amounts are associated with a decreased probability of young individuals from these communities participating in higher education. This could be due to the fear of accumulating debt or the perceived financial burden of repaying loans, which may deter students and their families from pursuing higher education, despite the availability of financial assistance. While state education expenditure has a small positive effect on STs, it does not appear to significantly impact SCs or OBCs. A higher working male population negatively impacts educational outcomes, suggesting a possible tradeoff between labour participation and education. As a whole, the research underscores the complex interplay of social, economic and institutional factors that influence higher education enrolment among India's socially backward communities, highlighting the need for targeted policies that address these multifaceted challenges.

Conclusion

This study underscores the critical role of affirmative action policies, such as the reservation policy of the Government of India, in enhancing access to higher education for socially disadvantaged groups. An analysis of the NSSO 75th round data reveals significant gender disparities in higher education enrolment. Previous studies already show that SC, ST and OBC students are underrepresented in the higher education sector, but considering the gender-wise scenario this study reflects that among the STs females are less likely to join in higher education, whereas among the OBCs females are more likely to join in the same. Considering the various household-related factors, it is found that household income and urban residency notably increase the likelihood of enrolment for youth from backward castes, whereas the distance from educational institutions poses a significant barrier. It is also proved that among the economically affluent households belonging to SC, ST and OBC communities, the possibility of taking the benefit of affirmative action is much higher. State interventions, including expanding the number of higher education institutions and increasing expenditure on higher education, are shown to enhance enrolment opportunities.

Policy Prescription

- 1. The government should boost financial support through new scholarships and subsidies to improve enrolment, especially for economically and socially disadvantaged youth and girls, reducing gender disparities.
- 2. A two-child policy can encourage households to allocate more resources per child, enhancing educational opportunities.

3. Beyond education, policies should promote equal opportunities for women in education, healthcare and employment.

Therefore, while affirmative action remains vital, it is equally important for government policies to prioritise the development of educational infrastructure and allocate greater resources to higher education. These measures will further improve enrolment rates among youth from reserved categories, fostering greater educational equity.

Declaration of Conflicting Interests

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Note

 The considered period for this study is 2017–2018. As the NSSO data on household consumption and education is available only for this mentioned period therefore, considering this fact this is the latest dataset available for this study.

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